

From now to July 1, 2025

God has given me great dreams and visions for my life and this world - to be effected on July 1, 2025. At the same time, He has told me not to build anymore - to leave well enough alone - and to trust in Him.

For the last several days I have been lost to a degree - wanting to honour what He has said to me - but also wanting to do. I have decided that the secret does not lie in doing - but in being. My commitment for the upcoming days, weeks and months is to be - in every situation - to be my best.

In my effort to do this, I will go back to Steven Covey's 7 Habits of Highly Effective People - and the weekly timetable he outlined. I will endeavour to fill my days - not with random things but with great things that will connect me to people and to my community. I will endeavour to be God in action!

I truly believe this is the essence and hallmark of my life for this time. I am God - I must act as God - which is to be love in every moment. Right now I am not doing this - and this is the source of my heartache. I am misaligned. So the commitment I am making to myself and the world is that I will endeavour to be love in every moment - whatever form this may take.

To this end I will:

- Heed God's word and Guidance in every moment.
- Use the gap between stimulus and response effectively.
- Be a great son, brother, uncle and friend to all.
- Be an important contributor to my communities.
- Maintain my sense of humour always!

In searching for Steven Covey's Quadrant 2 Weekly Planner - I came across a document I created many years ago - My Mission. I had gone away from all of this and think it is the perfect things to reconnect with! I have attached it on the following page.

# I WILL BE GREAT

I will live to demonstrate that if you do what you love...you follow it unflinchingly, with your entire being and you never give up...then your life is a success...you are rich beyond means...and you are truly great. **I AM GREAT.**

Ross Harvey, Dec 26, 2003.

## MY PERSONAL MISSION

### To live, to love, to learn, to leave a legacy.

I would like to be remembered as a much valued contributor to the lives of those closest to me – taking interest in and affecting positively my family, friends and communities.

#### WHO IS ROSS HARVEY?

##### God's servant

A great son, brother, uncle and friend.

A valuable and generous member of his communities.

An extremely funny person with a great sense of humour...especially about himself!

A trustworthy guy.

A super athlete.

An innovative, free-thinking visionary.

A catalyst for positive change.

An artistic, creative and intelligent individual.

A teacher, a coach, a motivator...one who leads by example...a role model.

One who always gives 100% to the task at hand.

His own person, someone who knows what he wants and finds a way to get it.

#### WHAT IS MY LEGACY?

That somehow people found God through me. That I was the way for them.

#### MY PRINCIPLES

I will hold myself to a higher standard, to continuous and never-ending improvement and will integrate the following principles into every decision and action:

**HONESTY** – a commitment to the truth in ALL circumstances.

**EMPATHY** – operation from a position of sincere and genuine caring and sensitivity for other wants, feelings and situation/perspective.

**GENEROSITY** – give of myself – as that IS my most precious gift.

**INTEGRITY** – adherence to my values, beliefs and principles and maintenance of trustworthiness.

**INDUSTRY** – give myself 100% to the task at hand. Practice fullmindedness.

**HUMILITY** – I am one of many. I have my own special talents which I will continuously endeavour to define, develop and share.

#### MY VALUES

##### Moving Towards

Health & Vitality

Love & Passion

Accomplishment & Contribution

Intelligence & Knowledge

Honesty & Integrity

Adventure & enjoying the process

Creativity

##### Moving Away From

Negativity – do not accept it in yourself or others

Procrastination & excuse-making

Not giving 100%

Judging

#### WORDS TO LIVE BY

Do unto others as you would have them do unto you.

Do what you can do and let God do what you can't.

Let go and let God.

Sow, serve, give, make a contribution.

Use the gap between stimulus and response effectively.

**NEVER** judge a person until you have walked a mile in their shoes (then still don't).

Practice fullmindedness.

Perfect practice makes perfect.

Improve yourself a little every day in every way. Work on **BE**.

Start with the end in mind.

Listen twice as much as you speak.

There IS something worse than not succeeding...not trying.

A loser never wins and a winner never gives up.

If you believe you will succeed, you are right! If you believe you will fail, you are right!

Never leave until tomorrow what can be done today.

Attitude determines altitude.

Leaders are readers.

Mind over matter. The mind has the power to overcome virtually all obstacles.

Motion = Emotion

He who has a strong enough WHY can bear almost any HOW. Nietzsche.

Take meaningful action daily.

Seek first to understand, then to be understood.

## ASK WITH INTENT LISTEN WITHOUT EXCUSE ACT WITH COURAGE

### To live, to love, to learn, to leave a legacy...

#### Physical

I will get down to a weight of 176 lbs and 15% BF...lean & mean!...by developing more healthful routines in all aspects of my life.

#### Professional

I will work to build financial freedom by increasing my value significantly to those who are using my systems or services.

I will continually explore and develop alternative opportunities which feel 'right'.

#### Mental/Personal

I will make a concerted effort to expand my global knowledge and worldliness.

I will continue to develop my athletic skills across several domains.

#### Social/Emotional

I will make the time and effort to become a better son, brother, uncle and friend and to regularly demonstrate my love by my actions.

#### Spiritual

I will continue to develop my spirituality and connection with God through ongoing exploration and prayer.

I will make a regular & committed effort towards those less fortunate...specifically children and animals.

I will never pass up an opportunity to do a good turn or to make a contribution.

This is the true joy in life...being used for a purpose recognized by yourself as a mighty one...being a force of Nature instead of a feverish selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy...I am of the opinion that my life belongs to the whole community and as long as I live it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die. For the harder I work the more I live. I rejoice in life for its own sake. Life is no brief candle for me. It's a sort of splendid torch which I've got to hold up for the moment and I want to make it burn as brightly as possible before handing it on to future generations.  
George Bernard Shaw

"Ultimately, man should not ask what the meaning of his life is, but rather he must recognize that it is *he* who is asked. Each man is questioned by life and can only answer to life by *answering* for his own life, by being responsible. Responsibility is the essence of human existence."  
Victor Frankl

Service is the virtue that distinguished the great of all times and which they will be remembered by. It places a mark of nobility upon its disciples. It is the dividing line which separates the two great groups of the world-those who help and those who hinder, those who lift and those who lean, those who contribute and those who only consume. How much better it is to give than to receive. Service in any form is comely and beautiful. To give encouragement, to impart sympathy, to show interest, to banish fear, to build self confidence and awaken hope in the hearts of others, in short to love them and to show it is to render the most precious service.  
Bryant S. Hinkley

We make a living by what we get. We make a life by what we give.  
Sir Winston Churchill

Happiness is essentially a state of going somewhere wholeheartedly, unidirectionally without regret or reservation.  
Author unknown  
*The somewhere I am going towards is God and heaven on earth.*

#### My dreams realized. Montreal...the New Jerusalem (heaven on earth)

I am living in Francine's mansion in Senneville with all my family and friends living nearby...across fields.

My possessions:

- A British racing green Aston Martin and a titanium Porsche Cayenne Turbo.
- A G3 Gulfstream piloted by John Evans.
- A Bell helicopter with pad on property.
- Boats of all kinds docked on the property.

NuVo Way Lifestyle Center at Mirabel.

Mountain Acres is transformed into a beautiful 36 hole facility and resort.

Doug's Place and Buster's Playhouse on Atwater at the site of the old Forum.

Expos Stadium at Blue Bonnets.

G3 communities and the NuVo program across Montreal